



# MARYLAND Department of Health

## Maryland SHIP Health Action Newsletter

Friday, Dec. 14, 2018

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### Event: Interactive Screening Program



#### Thursday, Dec. 20

Maryland's Suicide Prevention and Early Intervention Network will host an informational session on the Interactive Screening Program (ISP). The ISP is an online program utilized by mental health services. This program provides a safe and confidential way for individuals to take a brief screening for stress, depression, and other mental health conditions and receive a personal response from a program counselor.

For more information about this event, [click here](#). To learn more about the ISP, [click here](#). If you or someone you know is in crisis, Maryland Crisis Connect is available 24/7 – Please call 211 and select option 1, text your zip code to 898-211, or visit [MDCrisisConnect.org](http://MDCrisisConnect.org).

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### Event: Open Forum for Quality Improvement and Innovation in Public Health



#### Thursday - Friday, March 28 - 29, 2019

Registration is now open for the 2019 Open Forum for Quality Improvement and Innovation in Public Health. Open Forum is an event where attendees will learn about compelling, innovative, and emerging content from their peers around a wide variety of topics in performance improvement and innovation in public health.

The registration deadline is Friday, Feb. 22, 2019, as space permits.

For more information and to register for this event, [click here](#).

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### Resource: Enhance Medication Management Strategies for People with Complex Health and Social Needs



The Center for Health Care Strategies, Inc. (CHCS) has released a report on the "*Opportunities to Enhance Community-Based Medication Management Strategies for People with Complex Health and Social Needs.*" This report explores promising community-based management strategies. Drawing from a literature review and interviews with national experts, the report outlines five key opportunities to support community management of medication complexity:

- Mastering the basics of medication management
- Leveraging the workforce to maximize the scope of practice and capacity of pharmacists
- Deploying innovative health technologies to optimize care and outcomes
- Adopting appropriate quality measures
- Building advanced payment models

To access this resource, [click here](#).

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### **Resource: Diabetes Prevention Toolkit**



According to Centers for Disease Control and Prevention, diabetes is one of the leading causes of disability and death in the United States. The County Health Rankings and Roadmaps indicates that 10 percent of adult Marylanders have been diagnosed with diabetes. People who are at high risk for type 2 diabetes can lower their risk by making health changes, like eating healthy, getting more physical activity, and losing weight. The U.S. Office of Disease Prevention and Health Promotion has compiled a comprehensive toolkit to raise awareness about diabetes risk factors and encourage people to make healthy changes.

To access this resource, [click here](#). Learn more about diabetes and diabetes prevention by visiting the Maryland Department of Health (MDH) [Prevention and Health Promotion Administration webpage here](#).

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### **Opportunity: Young Leaders Visualize Health Equity**



**Thursday, Feb. 28, 2019**

Young Leaders Visualize Health Equity aims to use art as a vehicle for collecting valuable insights from young people around the world about how the social determinants of health shape their lives and communities. The National Academy of Medicine (NAM) is calling on young leaders to use art to explore what it might look and feel like to live in a world where everyone has the same chance to be healthy, safe, and happy. This opportunity is open to artists of all skills and abilities. The NAM will accept submissions from those ages 5 to 26. A panel will review each submission and select pieces for display.

The submission deadline is [Thursday, Feb. 28, 2019](#).

For more information about this opportunity, [click here](#).

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